## WEEKLY NEWSLETTER

[WEEK OF 3/4/2024]

#### **QUICK READ NOTES**

- No practice Tuesday for AG1, AG2 or Dev.
- CSC Meet entries attached.
- Age group state relays coming soon.
- Contact Coach Garrett if not get MS emails.

#### **UPCOMING DATES**

- CSC Maui Invite (Mar 9<sup>th</sup>)
- End of Block (Mar 23<sup>rd</sup>)



#### **NEWS & NOTES**

#### **Schedule for Week:**

Tuesday: Senior: 4-6pm

Elite/AGA:4-5:30pm All Other Groups off

Saturday: Senior: 7-10 (swim/dry)

Elite: 7-9am

AGA: 7-9am (state only)
All other groups off

#### **CSC Maui March Madness:**

Attached is the first entry list for the CSC meet on Saturday. This meet is only for those in AG1, AG2 and developmental who DO NOT have Divisional cuts. If you have any questions, please reach out to Coach Garrett. An itinerary will be sent out on Thursday

### **Age Group State Relays:**

In the coming days we will post age group state relays and the alternates. Please be on the lookout for this.

# Make Sure USA Swimming Registration is Current:

Please make sure your swimmers USA swimming registration is current and set to a full membership. Swimmers are not allowed to practice until this is completed.