

# WEEKLY NEWSLETTER

[WEEK OF 1/8/2023]



## QUICK READ NOTES

- Schedule Changes For Week.
- The Freeze entry list at attached.
- Concessions Lead Needed
- Volunteers Needed
- Block #3 extended

## UPCOMING DATES

- The Freeze (Jan 12<sup>th</sup> – 14<sup>th</sup>)

## NEWS & NOTES

### **Schedule for Week:**

We are now practicing on the original swim practice calendar going forward. That calendar is attached to this email.

Additional changes for the week:

### **Thursday:**

Elite: 4-5pm

All Other Groups off Due to HS Meet.

### **Friday:**

Senior: Friday Morning based on Darrick's email

All Other Groups Off

### **Saturday:**

All groups off.

### **Block #3 Extended:**

Due to the cancellations with the pool problems and previous cancellations because of meets we have decided to extend this current block up until the start of the next block. This means we will NOT be taking a break in between blocks. If you have any additional questions please let Coach Garrett know.

### **The Freeze Entries:**

The final entry list for The Freeze is attached. Please login and double check to see if you entered your athlete in the meet. If you have any questions or would like to get your swimmer in, please contact Coach Garrett.

Please note the 11-12s will swim in the afternoon at this meet. An itinerary will be sent Wednesday or Thursday with more details regarding arrival times.

Mile swimmers will NOT show up on the entry list as they are being entered manually.

### **Concessions Lead Needed:**

The club is looking for someone to oversee our concessions for future meets and activities at the pool. This person would oversee organizing every aspect of the concessions stand. If you are interested, please reach out to Coach Darrick.

### **Volunteers Still Needed For Meet:**

We still need volunteers for the meet this weekend. If you are able to help, please follow the link below:

[Volunteer Sign-up](#)